

# Inscribe the Word

## THE SPIRITUAL DISCIPLINES

# SABBATH REST

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|---|---|
| <input type="checkbox"/> 1. Genesis 2:1-3       | <input type="checkbox"/> 15. Ezekiel 20:9-12  |
| <input type="checkbox"/> 2. Exodus 16:29-30     | <input type="checkbox"/> 16. Ezekiel 20:16-20 |
| <input type="checkbox"/> 3. Exodus 20:8-11      | <input type="checkbox"/> 17. Matthew 11:28-30 |
| <input type="checkbox"/> 4. Exodus 31:12-14     | <input type="checkbox"/> 18. Matthew 12:1-4   |
| <input type="checkbox"/> 5. Exodus 31:15-17     | <input type="checkbox"/> 19. Matthew 12:5-8   |
| <input type="checkbox"/> 6. Exodus 33:12-15     | <input type="checkbox"/> 20. Matthew 12:9-11  |
| <input type="checkbox"/> 7. Leviticus 25:1-4    | <input type="checkbox"/> 21. Matthew 12:12-15 |
| <br>  |   |
| <input type="checkbox"/> 8. Deuteronomy 5:12-15 | <input type="checkbox"/> 22. Mark 2:24-28     |
| <input type="checkbox"/> 9. Nehemiah 13:15-16   | <input type="checkbox"/> 23. Mark 6:30-32     |
| <input type="checkbox"/> 10. Nehemiah 13:17-18  | <input type="checkbox"/> 24. Luke 4:16-19     |
| <input type="checkbox"/> 11. Psalm 62:1-2       | <input type="checkbox"/> 25. Luke 6:6-8       |
| <input type="checkbox"/> 12. Psalm 62:5-8       | <input type="checkbox"/> 26. Luke 6:9-11      |
| <input type="checkbox"/> 13. Psalm 116:5-8      | <input type="checkbox"/> 27. John 5:16-18     |
| <input type="checkbox"/> 14. Isaiah 58:13-14    | <input type="checkbox"/> 28. Hebrews 4:1-3    |
| <br>  |   |
|   | <input type="checkbox"/> 29. Hebrews 4:4-6    |
|   | <input type="checkbox"/> 30. Hebrews 4:7-8    |
|   | <input type="checkbox"/> 31. Hebrews 4:9-11   |

## JANUARY SCRIPTURE WRITING PLAN

Writing out Scriptures is a way to understand God's Word and Hear His voice without distractions.

Each of these Scriptures should take fifteen minutes to copy.

Grab your journal, your Bible, and some pretty pens, and let us INSCRIBE THE WORD together.

For more resources and to join our Inscribe the Word Community, visit

[WWW.ASYMPHONYOFPRAISE.COM](http://WWW.ASYMPHONYOFPRAISE.COM)

